**Psoriasis Case presentation 2**

Ahmad is 50 years old male came to the on call dermatologist with a 3 day history of feeling generally unwell and redness of all skin associated with de-sequamation scaling. The condition started in his extremities and face and then rapidly spread over the whole body.

Ahmad also complained of swelling of his arm and leg with sever pruritus.

Ten years before Ahmad came to the hospital with well circumscribed erythematous plaque sliver scales over the elbow and scaly scalp.

The signs waxes and wanes (waxes: gets larger, grows, wanes: gets smaller, diminishes in size).   
The disease is a chronic that is never cured; however, the signs and symptoms of psoriasis may subside totally (go into remission) and then return again (flare-up, exacerbation, or reactivation).

Remission may last for years in sometimes, while other time exacerbations may occur every few weeks.

The disease signs and symptoms triggered by stress, seasonal changes, and some drugs.

The disease flare-ups at times of life crises.

The disease severity may vary from mild to disabling. Thus, management of his condition is necessarily long-term, and management modalities may change according to the severity of illness at the time.

Because Ahmad have the disease for a long time this maybe the cause to be very emotionally distressing.

Ahmad do have family history of psoriasis, otherwise he does not have any other illness

Ahmad was diagnosed to have plaque psoriasis

**Objectives:**

①What would be the possible etiological cause of psoriasis?

②Discuss the relation of psoriasis to environmental causes.

③Discuss relation of drugs, hormones, and smoking to psoriasis.

④Explain the core pathological changes in psoriasis

⑤Explain the clinical presentation of psoriasis.

⑥Discuss the most important clinical pictures of psoriasis.

**Questions:**

①What will be the possible relation of psoriasis to metabolic and psychological reasons?

②What is the relation of psoriasis to trauma, sunlight and infection?

③Explain the genetic role as a cause of development of psoriasis?

④Discuss the role of cytokines in the development of hyperkeratosis?

⑤What are the most important signs and symptoms of psoriasis?

⑥Explain the types of psoriasis?